

North Dallas TISCA Time Standards

Girls	Events	Boys
2:19.49	200 Medley Relay	2:04.99
2:28.99	200 Freestyle	2:06.99
2:48.99	200 Individual Medley	2:26.99
0:29.29	50 Freestyle	0:26.49
10.6	Diving	10.8
1:15.49	100 Butterfly	1:06.49
1:05.49	100 Freestyle	0:58.99
6:39.49	500 Freestyle	5:59.99
2:05.49	200 Freestyle Relay	1:51.49
1:16.99	100 Backstroke	1:10.49
1:25.99	100 Breaststroke	1:16.99
4:42.49	400 Freestyle Relay	3:59.99